

TEXAS PERIODONTAL ASSOCIATES

7500 SAN FELIPE, SUITE 325

HOUSTON, TEXAS 77063

(713) 457-6351

INSTRUCTIONS FOR INTRAVENOUS SEDATION

Conscious sedation, as opposed to general anesthesia, is not designed to “put the patient to sleep”. You may drift off to sleep simply because you are so relaxed. We will be able to awaken you at any time, you will be able to open and close your mouth for us, and you will be able to respond to questions in a relatively rational manner. Although the sedation technique is a safe, straight forward procedure, there are some instructions that must be followed explicitly.

1. You must not eat or drink anything for at least 6 hours prior to your appointment. If you take any medications (i.e. blood pressure), take them as usual unless otherwise instructed. You may take a small amount of water to swallow the medications, but this is the only exception.
2. If you wear contact lenses, they must be removed before the procedure.
3. You must wear short-sleeved clothing to your appointment.
4. Your right index finger (pointing finger) must be free from nail polish and/or acrylic and must be trimmed to a reasonable length.
5. Do not bring your cell phone to the surgery as it interferes with the heart monitoring equipment.
6. Following the sedation and for the rest of the day, the following activities are prohibited:
 - a. You can not drive a car.
 - b. You can not operate around any type of machinery.
 - c. You can not make any type of legal decisions.
 - d. You should refrain from any type of physical activity.
7. A responsible adult must:
 - a. Accompany you to the office.
 - b. It is preferable, but not mandatory, that the accompanying person stay while the procedure is going on.
 - c. They must drive you home.
 - d. They must attend to you the remainder of the day.

These instructions are for your safety and comfort and should be followed exactly as presented. It is the goal of this office to make your treatment as comfortable and successful as possible. If questions remain, please do not hesitate to ask.

I read and completely understand the statements above and agree to these terms.

Signature

Date